

**E.M.GOPALAKRISHNA KONE YADAVA WOMEN'S COLLEGE**



**DEPARTMENT : COUNSELLING & GRIEVANCE REDRESSAL CELL**

**ACTIVITY : PERSONAL COUNSELLING**

**YEAR : 2021-2022**

**COUNSELLING & GRIEVANCE REDRESSAL CELL**

DATE	TIME	VENUE	MODE
25.03.2022	10:00 a.m. to 04:00 p.m.	Counselling Room EMGYWC	Offline
<b>Title</b>	Personal Counselling		
<b>Name of the Organizers</b>	<b>Mrs.R.Lakshmi</b> Assistant Professor of IT <b>Mrs.B.Subha</b> Assistant Professor of Physics EMGYWC		
<b>Resource Person</b>	<b>Mrs.Rukumani</b> Counsellor, Top Kids K.Pudur, Madurai.		
<b>Collaborating Agency</b>	<b>Top Kids</b> Professional Counselling & Holistic Personality Development Centre K.Pudur, Madurai.		
<b>No. of Beneficiaries</b>	<b>Students - 13</b> <b>Staff - 1</b>		

**PERSONAL COUNSELLING**

**Objectives:**

1. To assist students and professionals in discovering their inner strength, self-discovery, change, growth and transformation.
2. To enable the individual to make critical decisions regarding alternative courses of action without outside influence

**Programme Outcome:**

On successful completion of the programme,

- Students were able to clarify their doubts in Depression, Exam Stress, Study related concerns, Family conflict and issues, Relationship conflict and issues, behaviour difficulties, self-esteem issues, confidence and self-image issues, inner conflict, lack of motivation, emotional distress, social fear and anxiety, unresolved feelings related to anger, hurt, fear, shame, grief etc.

**Photograph:**



**"Personal Counselling" on 25.03.2022**

**E.M.GOPALAKRISHNA KONE YADAVA WOMEN'S COLLEGE**

Enclosures:

a. Circular

**E.M.G. YADAVA WOMEN'S COLLEGE, MADURAI - 625 014.**  
(An Autonomous Institution - Affiliated to Madurai Kamaraj University)  
(Re-accredited (3<sup>rd</sup> Cycle) with Grade 'A' & CGPA 3.51 by NAAC)  
**COUNSELLING AND GRIEVANCE REDRESSAL CELL.**

**CIRCULAR**

We are glad to inform you that Counselling and Grievance Redressal Cell arranged a 'Personal Counselling Program' for students on 25.03.2022 at Counselling Room. Kindly inform to your students are asked to obtain benefit from this if required.

*[Signature]*  
Principal

DEPARTMENT	HOD SIGNATURE
History	
English	
Zoology	
Commerce	<i>[Signature]</i>
Mathematics	<i>[Signature]</i>
B.B.A	<i>[Signature]</i>
Computer Science	<i>[Signature]</i>
Information Technology	<i>[Signature]</i>
Tamil	<i>[Signature]</i>
Physics	<i>[Signature]</i>
Nutrition and Dietetics	<i>[Signature]</i>
BCA & MCA	<i>[Signature]</i>
Chemistry	<i>[Signature]</i>

**E.M.GOPALAKRISHNA KONE YADAVA WOMEN'S COLLEGE**

S.No	Reg.No.	Name of the student	Department	Signature	Remarks
1		P. NISHA	B. Com		10 year P. Nisha
2	2109850	P. Ashifa	B. Com		1 year P. Ashifa
3	2109825	M. Keerthika	B. Com		1 year M. Keerthika
4	2109834	K. Meera Jasmike	B. Com		1 year K. Meera Jasmike
5	2109843	S. Nareul Sabana	B. Com		1 year S. Nareul Sabana
6	2109844	H. Sneha	B. Sc. IT		1 year H. Sneha
7	2017801	P. Divya	B. Sc. IT		1 year P. Divya
8	2017808	B. Kavya Shree	B. Sc. IT		1 year B. Kavya Shree
9	2109801	S. Aganviya	Misc (IT)		1 year S. Aganviya
10	2109802	R. Kaviya	Misc (IT)		1 year R. Kaviya
11	2109804	B. Reshma	Misc (IT)		1 year B. Reshma
12	2109805	D. Siva Sankant	Misc (IT)		1 year D. Siva Sankant
13	SFPHY18	P. Revathi	Physics		(Staff) P. Revathi
14		Ganga			(Staff)

B. K. Srinivas  
Counsellor

## **E.M.GOPALAKRISHNA KONE YADAVA WOMEN'S COLLEGE**

### **b. Nominal Roll of Participants:**

#### **1. Student participants from our college:**

<b>Personal Counselling - 25.03.2022</b>			
<b>S.No.</b>	<b>REGISTER NUMBER</b>	<b>NAME</b>	<b>DEPARTMENT</b>
1	20ITA12	P.Nisha	II B.Sc. IT
2	21CGB50	P.Ashifa	I B.Com
3	21CGB25	M.Keerthika	I B.Com
4	21CGB34	K.Meera Jasmine	I B.Com
5	21CGB43	S.Noorul Sahana	I B.Com
6.	21PPH20	H.Sheka	I MSc. Physics
7.	20ITA01	P.Diviya	II B.Sc. IT
8.	20ITA02	B.Kavya Shree	II B.Sc. IT
9.	21PIT01	S.Agansiya	I M.Sc. IT
10.	21PIT02	R.Kaviya	I M.Sc. IT
11.	21PIT04	B.Reshma	I M.Sc. IT
12.	21PIT05	D.Siva sankari	I M.Sc. IT
13.	21PHY18	P.Revathi	I B.Sc. Physics
<b>STAFF</b>			
14.	T.Ganga		Non-teaching