



**DEPARTMENT : NUTRITION & DIETETICS**

**ACTIVITY : CONSULTANCY ACTIVITY**

**YEAR : 2023-2024**

## DEPARTMENT OF NUTRITION AND DIETETICS

DATE	TIME	VENUE	MODE
06.11.2023	11.30 a.m. to 01.30 p.m.	College Premises, EMGYWC	Offline
Theme	Skill Development		
Nature of the Activity	Hands-on Training		
Title	Preparation of Rusk Ladoo		
Convener	<b>Mrs.P.Tamilarasi</b> Head, Assistant Professor of Nutrition & Dietetics EMGYWC		
Coordinator	<b>Mrs. K.Gowsalya</b> Assistant Professor of Nutrition & Dietetics EMGYWC		
Participants	Students - 5		

### HANDS-ON TRAINING ON "PREPARATION OF RUSK LADOO"

#### Objectives:

- To train students in entrepreneurial skills by providing a practical, hands-on experience.
- To equip students with the knowledge and skills needed to create and market a product, thereby develop skill and an entrepreneurial mindset while they learn.

#### Programme Outcomes:

- Students engaged in the complete process of Rusk Ladoo production, from ingredient selection and preparation to packaging and marketing. This practical approach allowed them to apply theoretical knowledge in a real-world setting.
- By managing the production and sale of the rusk Ladoo, students gained valuable experience in entrepreneurship. They learned about product development, cost

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management, pricing strategies, and customer interaction. This experience is intended to inspire and prepare them for future entrepreneurial ventures.

- The activity included selling the rusk Ladoo and giving students practical exposure to sales techniques and customer service.

### Teacher Feedback:

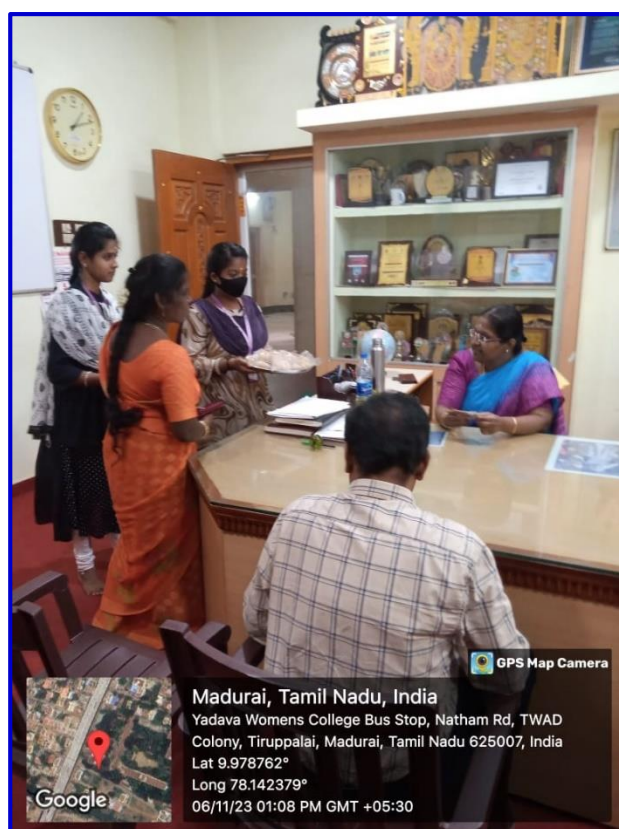
Teachers praised the activity for its practical approach and effectiveness in teaching entrepreneurial skills. They noted the students' enthusiasm and the high quality of the rusk Ladoo produced.

### Student Feedback:

Students appreciated the opportunity to work on a real product and enjoyed the hands-on experience. They felt the activity enhanced their understanding of business operations and boosted their confidence in entrepreneurial activities.

The Hands-on training was a success, providing students with practical experience in entrepreneurship, and enhancing their skills and readiness for future business ventures.

### Photographs:




The Department of Nutrition & Dietetics organised Hands-on Training on the "Preparation of Rusk Ladoo" on 06.11.2023.

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Enclosures:

a. Invitation:



**E.M.G. YADAVA WOMEN'S COLLEGE, MADURAI – 625 014.**  
(An Autonomous Institution – Affiliated to Madurai Kamaraj University)  
Re-accredited (3<sup>rd</sup> Cycle) with Grade A<sup>+</sup> and CGPA 3.51 by NAAC

**DEPARTMENT OF NUTRITION & DIETETICS**  
**HANDS-ON TRAINING**


**COORDINATOR**  
Mrs. K. Gowshalya  
Assistant Professor  
Department of Nutrition & Dietetics  
E.M.G Yadava Women's College

**TOPIC**  
RUSK LADOO

**PARTICIPANTS**  
III YEAR N & D STUDENTS


**VENUE**  
NUTRITION LAB  
Department of Nutrition & Dietetics  
E.M.G Yadava Women's College

**DATE**  
06.11.2023



## E.M. GOPALAKRISHNA KONE YADAVA WOMEN'S COLLEGE

### 1. Student participants of EMGYWC:

 E.M.G. YADAVA WOMEN'S COLLEGE, MADURAI – 625 014. (An Autonomous Institution – Affiliated to Madurai Kamaraj University) Re-accredited (3 <sup>rd</sup> Cycle) with Grade A <sup>+</sup> and CGPA 3.51 by NAAC			
Hands-on Training on Preparation of Rusk Ladoo- 06.11.2023			
S.No.	REGISTER NUMBER	NAME	DEPARTMENT
1	22NAD01	K.Aarthi	Nutrition & Dietetics
2	22NAD02	P.Aarthi	Nutrition & Dietetics
3	22NAD03	C.Abirami	Nutrition & Dietetics
4	22NAD05	M.Afrin Banu	Nutrition & Dietetics
5	22NAD06	A.Ajitha Kumari	Nutrition & Dietetics
6	22NAD07	P.Anu Priya	Nutrition & Dietetics
7	22NAD08	P.Aruna	Nutrition & Dietetics
8	22NAD09	A.Asline Kani	Nutrition & Dietetics
9	22NAD10	K.Asmitha	Nutrition & Dietetics
10	22NAD11	B.Bhavatharani	Nutrition & Dietetics
11	22NAD12	R.Deva Dharshini	Nutrition & Dietetics
12	22NAD13	P.Dharshini	Nutrition & Dietetics
13	22NAD14	S.J.Dhivya Lakshmi	Nutrition & Dietetics
14	22NAD15	R.Gayathri	Nutrition & Dietetics
15	22NAD16	K.Gracy	Nutrition & Dietetics
16	22NAD17	A.Hari Priya	Nutrition & Dietetics
17	22NAD19	J.lakiya	Nutrition & Dietetics
18	22NAD20	R.Jeyashree	Nutrition & Dietetics
19	22NAD23	B.Kutty Vaira Poo Saraswathi	Nutrition & Dietetics
20	22NAD24	R.Lavaya	Nutrition & Dietetics
21	22NAD25	S.Maha Vaishali	Nutrition & Dietetics
22	22NAD26	P.Monica	Nutrition & Dietetics
23	22NAD27	M.Monikala	Nutrition & Dietetics
24	22NAD28	T.Mukila	Nutrition & Dietetics
25	22NAD30	R.Muthu Irulayee	Nutrition & Dietetics
26	22NAD31	R.Nandhitha	Nutrition & Dietetics
27	22NAD32	A.Niranjana Devi	Nutrition & Dietetics
28	22NAD33	P.Pavithra	Nutrition & Dietetics
29	22NAD34	T.Priya	Nutrition & Dietetics
30	22NAD35	G.Priyadharshini	Nutrition & Dietetics
31	22NAD36	S.Priyadharshini	Nutrition & Dietetics
32	22NAD37	S.Sathya	Nutrition & Dietetics
33	22NAD38	S.Shanmathi	Nutrition & Dietetics
34	22NAD39	P.Shobika	Nutrition & Dietetics
35	22NAD40	A.Shofiya	Nutrition & Dietetics
36	22NAD41	D.Syed Ali Fathima	Nutrition & Dietetics

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37	22NAD42	V.Tamil Sudar	Nutrition & Dietetics
38	22NAD43	R.Thahaheera Thamima	Nutrition & Dietetics
39	22NAD45	U.Yohiga	Nutrition & Dietetics
40.	21NAD13	Gunasri.T	Nutrition & Dietetics
41.	21NAD22	Mari Selvi.K	Nutrition & Dietetics
42.	21NAD24	Nivarthana.G	Nutrition & Dietetics
43.	21NAD26	Ragavi.K	Nutrition & Dietetics

**2. Faculty Organisers of EMGYWC:**

Hands-on Training on Preparation of Rusk Ladoo- 06.11.2023		
S.No.	NAME	DESIGNATION WITH DEPARTMENT
1.	Mrs.P.Tamilarasi	Head, Assistant Professor of Nutrition & Dietetics
2.	Mrs.K.Gowsalya	Assistant Professor of Nutrition & Dietetics
3.	Mrs.K.Janaki	Assistant Professor of Nutrition & Dietetics
4.	Mrs.B.Ruba rani	Assistant Professor of Nutrition & Dietetics

Coordinator: *K. GOWSALYA*

*P. V. Lakshmi*  
Head of the Department

*[Signature]*  
Principal  
PRINCIPAL I/C  
E.M.G. YADAVA WOMEN'S COLLEGE  
MADURAI-625 014