



DEPARTMENT : BUSINESS ADMINISTRATION

ACTIVITY : FACULTY EXCHANGE

YEAR : 2022-2023

DATE	TIME	VENUE	MODE
28.10.2022	10:00 a.m. To 11:00 a.m.	III BBA Classroom E.M.G. Yadava Women's College	Offline
Theme	Balancing Efficiency and Well-being		
Nature of the Activity	Faculty Exchange		
Title	Stress Management and Production Management		
Convenor	Dr.Mrs.V.Selva Subashini Assistant Professor of BBA EMGYWC		
Resource Person	Dr.Mrs.D.Thanalakshmi Assistant Professor of BBA Ayya Nadar Janaki Ammal Colleg, Sivakasi		
Collaborating Department & Institution	Academic Collaboration(MoU) Department of BBA Ayya Nadar Janaki Ammal Colleg, Sivakasi		
Participants	Students - 74		

FACULTY EXCHANGE PROGRAMME ON "STRESS MANAGEMENT AND PRODUCTION MANAGEMENT"

Objectives:

1. To identify stressors, understand the cognitive aspects of stress, and recognize how automatic thoughts and internal dialogue impact stress appraisal.
2. To learn effective methods for producing goods and services with optimal quality, quantity, timing, and cost efficiency.

Programme Outcome:

Participants gained valuable insights into managing stress through lifestyle adjustments such as diet and sleep, and developed actionable long-term stress management plans. Additionally, faculty members acquired knowledge on modern production techniques and strategies for managing production processes efficiently. This program fostered improved understanding and practical skills in balancing personal well-being with effective production management, enhancing overall faculty performance and productivity.

Photographs:



The Department of BBA at EMGYWC organized a Faculty Exchange Programme. Dr.Mrs.D.Thanalakshmi, Assistant Professor of BBA, ANJA College, Sivakasi, delivered a lecture on “Stress Management and Production Management” – 28.10.2022

Enclosures:

a. Invitation:

E.M.G YADAVA WOMEN'S COLLEGE, MADURAI-14
(An Autonomous Institution - Affiliated to Madurai Kamaraj University)
Re - accredited (3rd Cycle) with Grade A+ & CGPA 3.51 by NAAC

DEPARTMENT OF BUSINESS ADMINISTRATION

Collaboration With

AYNA NADAR JANAKI AMMAL COLLEGE
Autonomous, affiliated to Madurai Kamaraj University.
Reaccredited (4th Cycle) with "A+" grade (CGPA 3.48 out of 4) by NAAC.
College of Excellence by UGC, Star College by DBT and Ranked 58th in NIRF 2020.
Sivakasi-626124.

DEPARTMENT OF BUSINESS ADMINISTRATION

Jointly Organize

FACULTY EXCHANGE PROGRAMME

DATE : 28.10.2022 (Friday)
VENUE : E.M.G YADAVA WOMEN'S COLLEGE, CAMPUS, MADURAI
AYNA NADAR JANAKI AMMAL COLLEGE, CAMPUS, SIVAKASI

Dr. (Mrs.) D. THANALAKSHMI
Assistant Professor of BBA
Ayna Nadar Janaki Ammal College, Sivakasi
Topic: **Stress Management**

P.P.MARI SELVAM, M.Com(CA), M.Phil., P.G.D.P.M
Assistant Professor of BBA
Ayna Nadar Janaki Ammal College, Sivakasi.
Topic: **Non-trading Accounts**


Mrs. T.USARANI M.B.A., M.Phil.,
Assistant Professor of BBA
E.M.G Yadava Women's College, Madurai.
Topic: **Negotiable Instruments**

Mrs. S.DIVYA, M.A., M.Phil.,
Assistant Professor of BBA
E.M.G Yadava Women's College, Madurai.
Topic: **Data Collection & Construction of Questionnaire**

Dr. C. ASHOK
Principal

Dr. (Mrs.) V. PUSHPALATHA
Principal (I/c)

1. Nominal Roll of Participants:
Student participants of EMGYWC:

 E.M.G. YADAVA WOMEN'S COLLEGE, MADURAI – 625 014. (An Autonomous Institution – Affiliated to Madurai Kamaraj University) Re-accredited (3 rd Cycle) with Grade A ⁺ and CGPA 3.51 by NAAC			
Faculty Exchange Programme on "Stress Management and Production Management" - 28.10.2022			
S.No.	REGISTER NUMBER	NAME	DEPARTMENT
1	20BBA01	Abirani .K	BBA
2	20BBA02	Abitha Sri.M	BBA
3	20BBA03	Babitha.A	BBA
4	20BBA04	Boomika.S	BBA
5	20BBA05	BrindhaE.M	BBA
6	20BBA06	Charupriya.A.K	BBA
7	20BBA07	Deepika.M	BBA
8	20BBA08	Dhivyananthini.V	BBA
9	20BBA09	Farjana Begam.S	BBA
10	20BBA10	Harini.D	BBA
11	20BBA11	Janani.M	BBA
12	20BBA12	Jeevitha.M	BBA
13	20BBA13	Jeyashree.M	BBA
14	20BBA14	Karishma.M	BBA
15	20BBA15	Kohila.V	BBA
16	20BBA16	Koushika.K	BBA
17	20BBA17	Lakshmipriya.K	BBA
18	20BBA18	Madulakshmi.M	BBA
19	20BBA20	Mahalakshmi.G	BBA
20	20BBA21	Mahalakshmi.M	BBA
21	20BBA22	Mahalakshmi.S	BBA
22	20BBA23	Mahalakshmi.S	BBA
23	20BBA24	Maheswari.P.L	BBA
24	20BBA25	Meenakshi.P	BBA
25	20BBA26	Murugeswari.A	BBA
26	20BBA27	Muthu Mahalakshmi.S	BBA
27	20BBA28	Nithya.A	BBA
28	20BBA29	Nivetha.R	BBA
29	20BBA30	Packiyalakshmi.G	BBA
30	20BBA31	Pandilakshmi.P	BBA
31	20BBA32	Parvathi.J	BBA
32	20BBA33	Pavithra.C	BBA
33	20BBA34	Ponakshaya.S	BBA
34	20BBA35	Prathika.P	BBA
35	20BBA36	Raitha Afrin.M.B	BBA
36	20BBA38	Ranjani.R	BBA
37	20BBA39	Rosalina.S	BBA
38	20BBA40	Sangeetha.K	BBA
39	20BBA41	Santhiya.K	BBA

40	20BBA42	Sathya.P	BBA
41	20BBA43	Senthamarai.K	BBA
42	20BBA44	Serin Jinoriya.M	BBA
43	20BBA45	Sharmila.M	BBA
44	20BBA46	Sivaranjani.M	BBA
45	20BBA47	Sneka.S	BBA
46	20BBA50	Sree Krishya.G	BBA
47	20BBA51	Sri Devi.M	BBA
48	20BBA53	Swathi.V	BBA
49	20BBA54	Thineka.T	BBA
50	20BBA55	Tishadala.E	BBA
51	20BBA56	Vaishali.R	BBA
52	20BBA57	Varshini.K	BBA
53	20BBA58	Vinothini.S	BBA
54	21BBA01	Aarthi.A	BBA
55	21BBA03	Anupriyadharshini.S	BBA
56	21BBA04	Dhalal Asmi.R	BBA
57	21BBA05	Durgadevi.S	BBA
58	21BBA06	Gayathri.M	BBA
59	21BBA07	Gokulrani.S	BBA
60	21BBA08	Hemalatha.M	BBA
61	21BBA09	Ishwarya.T	BBA
62	21BBA11	Lavanya.K	BBA
63	21BBA12	Madhumitha.K	BBA
64	21BBA13	Parkavi.B	BBA
65	21BBA14	Pavithra.S	BBA
66	21BBA15	Ponsaranya.C	BBA
67	21BBA16	Preethi.S	BBA
68	21BBA17	Reshma.M	BBA
69	21BBA18	Shivaranjani.P	BBA
70	21BBA19	Sivapriya.M	BBA
71	21BBA20	Sujitha.K	BBA
72	21BBA21	Veenus Williyam.A	BBA
73	21BBA22	Vishnupriya	BBA
74	21BBA23	Yogalakshmi.B	BBA

Coordinator: Mrs. S. Divya


Head of the Department


Principal
PRINCIPAL I/C
E.M.G. YADAVA WOMEN'S COLLEGE
MADURAI-625 014