



**DEPARTMENT : NUTRITION AND DIETETICS**

**ACTIVITY : WEBINAR**

**YEAR : 2021-2022**

**DEPARTMENT OF NUTRITION AND DIETETICS**

DATE	TIME	PLATFORM	MODE
31.08.2021	11.00 a.m. to 12:00 noon	Google Meet	Online
Theme	Nutrition Education		
Nature of the Activity	Webinar		
Title	Role of Nutrients on Immunity		
Name of the Convener & Organizers	<b>Mrs.P.Tamilarasi</b> Head & Assistant Professor of Nutrition & Dietetics EMGYWC		
Resource Person	<b>Mrs.J.Harine Sargunam</b> Assistant Professor of Nutrition and Dietetics, Jamal Mohamed College Trichy		
Meeting Link	<a href="https://meet.google.com/fuv-jhre-zrq">https://meet.google.com/fuv-jhre-zrq</a>		
No. of Participants of Our College	Students - 76 Faculty - 3		

**WEBINAR "ROLE OF NUTRIENTS ON IMMUNITY"**

**Objectives:**

- To educate about nutritional foods and their relationship with immunity.

**Programme Outcome:**

On successful completion of this Webinar,

1. An Awareness was created among college girls regarding immune-boosting super foods to enrich our body's immune system.
2. Students recognised the role of nutrients in the betterment of physical health which in turn contributed to increase in the cognitive development and academic success.

Screenshot:



Mrs.J. HarineSargunam, Assistant Professor of Nutrition and Dietetics, Jamal Mohamed College, Trichy, has delivered a Webinar entitled "Role of Nutrients on Immunity" - 31.08.2021

Enclosures:

a. Invitation:

An invitation poster for a webinar. At the top, it says 'E.M.G.YADAVA WOMEN'S COLLEGE, MADURAI -14. (An Autonomous Institution - Affiliated to Madurai Kamaraj University) Re-accredited (3<sup>rd</sup> Cycle) with Grade A<sup>+</sup> and CGPA 3.51 by NAAC'. Below this is the 'DEPARTMENT OF NUTRITION & DIETETICS' logo. The main title is 'Organizes webinar on Role of Nutrients on Immunity'. The date and time are '31-08-2021, 11.00 am - 12.00 pm.'. The resource person is 'Mrs. J. Harine sargunam, Assistant Professor, Department of Nutrition & Dietetics, Jamal Mohamed College, Trichy - 620020'. The convener is 'Mrs. P. Tamilarasi, Head, Department of Nutrition & Dietetics'. The principal is 'Dr. (Mrs), V. Pushpalatha, Principal (I/c)'. The background features images of various fruits and vegetables.

**E.M.GOPALAKRISHNAKONEYADAVA WOMEN'S COLLEGE****b. Nominal Roll of Participants:****1. Student participants from our college:**

<b>Webinar entitled "Role of Nutrients on Immunity" - 31.8.2021</b>			
<b>Sl.No</b>	<b>REGISTER NUMBER</b>	<b>NAME</b>	<b>CLASS</b>
1.	20NAD01	Abinaya.B	II B.Sc. Nutrition & Dietetics
2.	20NAD02	Aishvarya.S	II B.Sc. Nutrition & Dietetics
3.	20NAD03	AkilaJeevana.K	II B.Sc. Nutrition & Dietetics
4.	20NAD06	AniesFathima.M	II B.Sc. Nutrition & Dietetics
5.	20NAD07	AsharHasoora.M.F	II B.Sc. Nutrition & Dietetics
6.	20NAD08	AsmaMeeral.R	II B.Sc. Nutrition & Dietetics
7.	20NAD09	AswinJemi.H	II B.Sc. Nutrition & Dietetics
8.	20NAD10	Backiyalakshmi.G	II B.Sc. Nutrition & Dietetics
9.	20NAD11	Dhanushya.L	II B.Sc. Nutrition & Dietetics
10.	20NAD14	Divya.N	II B.Sc. Nutrition & Dietetics
11.	20NAD15	DivyaJothi.M	II B.Sc. Nutrition & Dietetics
12.	20NAD17	HaziraNagsath.M.A	II B.Sc. Nutrition & Dietetics
13.	20NAD18	Ishwarya.T	II B.Sc. Nutrition & Dietetics
14.	20NAD19	Karanya.V	II B.Sc. Nutrition & Dietetics
15.	20NAD20	Lavanya.N	II B.Sc. Nutrition & Dietetics
16.	20NAD21	Mageshwari.K	II B.Sc. Nutrition & Dietetics
17.	20NAD22	ManjuBharathi.S	II B.Sc. Nutrition & Dietetics
18.	20NAD23	MathiMeena.M	II B.Sc. Nutrition & Dietetics
19.	20NAD24	Meenakshi.G	II B.Sc. Nutrition & Dietetics
20.	20NAD25	Menal.A	II B.Sc. Nutrition & Dietetics
21.	20NAD26	Mercy Helan.C	II B.Sc. Nutrition & Dietetics
22.	20NAD27	Mukhil.K.A	II B.Sc. Nutrition & Dietetics
23.	20NAD28	MuthuMeena.L	II B.Sc. Nutrition & Dietetics
24.	20NAD29	Parimalam.E.L	II B.Sc. Nutrition & Dietetics
25.	20NAD30	Preethi.M	II B.Sc. Nutrition & Dietetics
26.	20NAD31	Rohini.A	II B.Sc. Nutrition & Dietetics
27.	20NAD32	SakthiDevi.S	II B.Sc. Nutrition & Dietetics
28.	20NAD33	ShajithaRishana.M	II B.Sc. Nutrition & Dietetics
29.	20NAD34	P.ShanmugaPriya	II B.Sc. Nutrition & Dietetics
30.	20NAD35	Shanthini.V	II B.Sc. Nutrition & Dietetics
31.	20NAD36	Sharmila.S	II B.Sc. Nutrition & Dietetics
32.	20NAD37	ShifanaParveen.P.M	II B.Sc. Nutrition & Dietetics
33.	20NAD38	Siva SakthiPriya.K	II B.Sc. Nutrition & Dietetics
34.	20NAD39	Sowmiya.R	II B.Sc. Nutrition & Dietetics
35.	20NAD40	Sri Dharshini.V	II B.Sc. Nutrition & Dietetics
36.	20NAD41	Sri Rajalakshmi.R	II B.Sc. Nutrition & Dietetics
37.	20NAD42	Suriyakala.K	II B.Sc. Nutrition & Dietetics
38.	20NAD43	Swathi.M	II B.Sc. Nutrition & Dietetics
39.	20NAD44	Tina Jane Sara.D	II B.Sc. Nutrition & Dietetics
40.	20NAD45	Usharani.S	II B.Sc. Nutrition & Dietetics
41.	20NAD46	Vidhyavarshini.R	II B.Sc. Nutrition & Dietetics
42.	20NAD47	Yamuna.A	II B.Sc. Nutrition & Dietetics

## **E.M.GOPALAKRISHNAKONEYADAVA WOMEN'S COLLEGE**

43.	19NAD01	S.Abiramidevi	III B.Sc. Nutrition & Dietetics
44.	19NAD02	S.K.Aburvaa	III B.Sc. Nutrition & Dietetics
45.	19NAD03	S.Akshaya	III B.Sc. Nutrition & Dietetics
46.	19NAD04	R.Akshitha	III B.Sc. Nutrition & Dietetics
47.	19NAD05	M.AmeerunNisha	III B.Sc. Nutrition & Dietetics
48.	19NAD06	A.AnnieRenita	III B.Sc. Nutrition & Dietetics
49.	19NAD07	R.BalaMuhila	III B.Sc. Nutrition & Dietetics
50.	19NAD08	G.Bhuvaneshwari	III B.Sc. Nutrition & Dietetics
51.	19NAD09	S.FahmeedaFathima	III B.Sc. Nutrition & Dietetics
52.	19NAD10	J.Gayathri	III B.Sc. Nutrition & Dietetics
53.	19NAD11	N.Hasena	III B.Sc. Nutrition & Dietetics
54.	19NAD12	S.IrfanaParveen	III B.Sc. Nutrition & Dietetics
55.	19NAD13	P.Isaivani	III B.Sc. Nutrition & Dietetics
56.	19NAD16	K.Kalaivani	III B.Sc. Nutrition & Dietetics
57.	19NAD17	S.Kamali	III B.Sc. Nutrition & Dietetics
58.	19NAD18	R.Mohana	III B.Sc. Nutrition & Dietetics
59.	19NAD19	M.Mookkupillai	III B.Sc. Nutrition & Dietetics
60.	19NAD20	N. Nandhini Shri	III B.Sc. Nutrition & Dietetics
61.	19NAD22	C.Pavithra	III B.Sc. Nutrition & Dietetics
62.	19NAD23	B.Priyanka	III B.Sc. Nutrition & Dietetics
63.	19NAD24	P.Rajeshwari	III B.Sc. Nutrition & Dietetics
64.	19NAD26	K.Rohini	III B.Sc. Nutrition & Dietetics
65.	19NAD27	D.Roobika	III B.Sc. Nutrition & Dietetics
66.	19NAD28	P.SaaiDharshini	III B.Sc. Nutrition & Dietetics
67.	19NAD29	B.Santhiya	III B.Sc. Nutrition & Dietetics
68.	19NAD30	K.Sarmila	III B.Sc. Nutrition & Dietetics
69.	19NAD32	S.ShriTharaniPriya	III B.Sc. Nutrition & Dietetics
70.	19NAD34	N.Sneha	III B.Sc. Nutrition & Dietetics
71.	19NAD35	K.Sneka	III B.Sc. Nutrition & Dietetics
72.	19NAD36	G.Sowmiya	III B.Sc. Nutrition & Dietetics
73.	19NAD37	K.Sowmiya	III B.Sc. Nutrition & Dietetics
74.	19NAD38	J.Sreemathi	III B.Sc. Nutrition & Dietetics
75.	19NAD39	M.Sujeetha	III B.Sc. Nutrition & Dietetics
76.	19NAD40	K.Sumoki	III B.Sc. Nutrition & Dietetics

### **2. Faculty participants from our college:**

<b>Webinar on "Role of Nutrients on Immunity" 31.8.2021</b>		
<b>S.No.</b>	<b>Name</b>	<b>Designation with Department</b>
1.	Mrs.P.Tamilarasi	Head & Assistant Professor of Nutrition & Dietetics
2.	Mrs. K. Gowsalya	Assistant Professor of Nutrition & Dietetics
3.	Mrs. K. Janaki	Assistant Professor of Nutrition & Dietetics