

## E.M.GOPALAKRISHNAKONEYADAVA WOMEN'S COLLEGE



**DEPARTMENT : NUTRITION & DIETETICS**

**ACTIVITY : FACULTY EXCHANGE**

**YEAR : 2021-2022**

### DEPARTMENT OF NUTRITION AND DIETETICS

DATE	TIME	VENUE	MODE
01.04.2022	12.12 p.m. to 1:00 p.m.	Standard Fireworks Rajaratnam College for Women, Sivakasi	Offline
<b>Theme</b>	To make collaborative learning and exchange of subject knowledge		
<b>Nature of the Activity</b>	Faculty Exchange Program		
<b>Title</b>	Role of Micronutrients in Adolescent's Health		
<b>Name of the Resource Person</b>	<b>P.Tamilarasi</b> Head & Assistant Professor of Nutrition and Dietetics EMGYWC		
<b>Collaborative Institution</b>	<b>Academic Collaboration (MoU)</b> Standard Fireworks Rajaratnam College for Women, Sivakasi		
<b>No. of Beneficiaries</b>	Standard Fireworks Rajaratnam College for Women Students - 20		

**FEP - "ROLE OF MICRO NUTRIENTS IN ADOLESCENT'S HEALTH"**

**Objectives:**

- To promote healthy living by providing better understanding of micronutrients
- To inculcate students to know the importance of micronutrients.

**Programme Outcome:**

On successful completion of this programme

1. Students were empowered to understand their own health system.
2. Students acquired ideas about variation in micronutrients that motivated them to take actions towards self care and welfare of the society as well.

The major outcome of the programme was inculcated knowledge among students regarding the major functions of micronutrients, i.e. Vitamins and minerals like vitamin B, iron, iodine, its impact on a body's health, deficiencies can cause reduced educational outcomes, reduced work productivity. Remedies through nutritious foods also discussed among students through interactive session.

**Photographs:**



**Department of Nutrition and Dietetics, EMGYWC has conducted Faculty Exchange Program at Standard Fireworks Rajaratnam College for Women, Sivakasi, entitled "Role of Micro Nutrients in Adolescent's Health" - 01.04.2022**

## E.M.GOPALAKRISHNAKONEYADAVA WOMEN'S COLLEGE

Enclosures:

a. Invitation:



**E.M.G YADAVA WOMEN'S COLLEGE MADURAI-14.**  
(An Autonomus Institution-Affiliated to Madurai Kamaraj University)  
Re-accredited (3rd cycle) with GradeA\* and CGPA 3.51 By NAAC

**In collaboration with**



**The Standard Fireworks Rajaratnam college for Women (Autonomous), Sivakasi**  
Affiliated to Madurai Kamaraj University, Reaccredited with A\* Grade by NAAC with Potential for Excellence  
by UGC & Mentor Institution UGC PARMARSH

**DEPARTMENT OF NUTRITION & DIETETICS**  
**FACULTY EXCHANGE PROGRAMME**  
**“Role of Micro nutrients in Adolescent’s Health”**



**VENUE :- AUDITORIUM SFRC**  
**PARTICIPANTS :- N & D STUDENTS**  
**DATE :- 01.04.2022**  
**TIME :- 12 P.M - 1 P.M**

**RESOURCE PERSON**  
**MRS.P.TAMILARASI,**  
**ASST.PROF & HEAD,**  
**DEPT OF N & D**  
**EMG YADAVA WOMEN'S COLLEGE,**  
**MADURAI -14.**

c. Nominal Roll of Participants:

1. Student participants from SFR College:

<b>MoU - FEP : Role Of Micro Nutrients in Adolescent’s Health - 01.04.2022</b>		
<b>S.No.</b>	<b>NAME</b>	<b>DEPARTMENT</b>
1.	V. KaviPriya	SFR College, Sivakasi
2.	S.Swetha	SFR College, Sivakasi
3.	Pandilakshmi.S	SFR College, Sivakasi
4.	GayathriHarikumar	SFR College, Sivakasi
5.	Parthiyakavi. T	SFR College, Sivakasi
6.	G Kamaleeshwari	SFR College, Sivakasi
7.	S.V.Aniruthya	SFR College, Sivakasi
8.	V.R.Priyadharshika	SFR College, Sivakasi
9.	R. Bhuvaneshwari	SFR College, Sivakasi

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10.	Kanagaraj	SFR College, Sivakasi
11.	Ayamita Paul	SFR College, Sivakasi
12.	Ithika. K	SFR College, Sivakasi
13.	P.Sandhiya	SFR College, Sivakasi
14.	SruthiSree S V	SFR College, Sivakasi
15.	Kamali B	SFR College, Sivakasi
16.	Muthulakshmi.S	SFR College, Sivakasi
17.	Pavithra. E	SFR College, Sivakasi
18.	Ishwariyalakshmi E	SFR College, Sivakasi
19.	G. Ragavi	SFR College, Sivakasi
20.	MounikaPriya. N	SFR College, Sivakasi