



DEPARTMENT : NUTRITION & DIETETICS

ACTIVITY : FACULTY EXCHANGE PROGRAM

YEAR : 2021-2022

DEPARTMENT OF NUTRITION AND DIETETICS

DATE	TIME	VENUE	MODE
01.04.2022	12.12 p.m. to 01:00 p.m.	Standard Fireworks Rajaratnam College for Women, Sivakasi	Offline
Theme	To make collaborative learning and exchange of subject knowledge		
Nature of the Activity	Faculty Exchange Program		
Title	Role of Micronutrients in Adolescent's Health		
Name of the Resource Person	Mrs.P.Tamilarasi Head & Assistant Professor of Nutrition and Dietetics EMGYWC		
Collaborative Institution	Academic Collaboration (MoU) Standard Fireworks Rajaratnam College for Women, Sivakasi		
No. of Beneficiaries	Standard Fireworks Rajaratnam College for Women Students - 20		

FEP - "ROLE OF MICRO NUTRIENTS IN ADOLESCENT'S HEALTH"

Objectives:

- To promote healthy living by providing better understanding of micronutrients.
- To inculcate students to know the importance of micronutrients.

Programme Outcome:

On successful completion of this programme

1. Students were empowered to understand their own health system.
2. Students acquired ideas about variation in micronutrients that motivated them to take actions towards self care and welfare of the society as well.

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The major outcome of the programme was inculcated knowledge among students regarding the major functions of micronutrients, i.e. Vitamins and minerals like vitamin B, iron, iodine, its impact on a body's health, deficiencies can cause reduced educational outcomes, reduced work productivity. Remedies through nutritious foods also discussed among students through interactive session.

Photograph:




Department of Nutrition and Dietetics, EMGYWC has conducted Faculty Exchange Program at Standard Fireworks Rajaratnam College for Women, Sivakasi, entitled “Role of Micro Nutrients in Adolescent’s Health” - 01.04.2022

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Enclosures:

a. Invitation:




E.M.G YADAVA WOMEN'S COLLEGE MADURAI-14.

(An Autonomous Institution-Affiliated to Madurai Kamaraj University)
Re-accredited (3rd cycle) with GradeA⁺ and CGPA 3.51 By NAAC




In collaboration with

The Standard Fireworks Rajaratnam college for Women (Autonomous), Sivakasi
Affiliated to Madurai Kamaraj University, Reaccredited with A⁺ Grade by NAAC with Potential for Excellence
by UGC & Mentor Institution UGC PARMARSH



DEPARTMENT OF NUTRITION & DIETETICS
FACULTY EXCHANGE PROGRAMME
“Role of Micro nutrients in Adolescent’s Health”



VENUE :- AUDITORIUM SFRC
PARTICIPANTS :- N & D STUDENTS
DATE :- 01.04.2022
TIME :- 12 P.M - 1 P.M

RESOURCE PERSON
MRS.P.TAMILARASI,
ASST.PROF & HEAD,
DEPT OF N & D
EMG YADAVA WOMEN'S COLLEGE,
MADURAI -14.

c. Nominal Roll of Participants:

Student participants from SFR College:

MoU - FEP : Role Of Micro Nutrients in Adolescent’s Health - 01.04.2022		
S.No.	NAME	DEPARTMENT
1.	V. KaviPriya	Nutrition and Dietetics, SFR College, Sivakasi
2.	S.Swetha	Nutrition and Dietetics, SFR College, Sivakasi
3.	Pandilakshmi.S	Nutrition and Dietetics, SFR College, Sivakasi
4.	GayathriHarikumar	Nutrition and Dietetics, SFR College, Sivakasi
5.	Parthiyakavi. T	Nutrition and Dietetics, SFR College, Sivakasi
6.	G Kamaleeshwari	Nutrition and Dietetics, SFR College, Sivakasi
7.	S.V.Aniruthya	Nutrition and Dietetics, SFR College, Sivakasi
8.	V.R.Priyadharshika	Nutrition and Dietetics, SFR College, Sivakasi
9.	R. Bhuvaneshwari	Nutrition and Dietetics, SFR College, Sivakasi
10.	Kanagaraj	Nutrition and Dietetics, SFR College, Sivakasi
11.	Ayamita Paul	Nutrition and Dietetics, SFR College, Sivakasi
12.	Ithika. K	Nutrition and Dietetics, SFR College, Sivakasi
13.	P.Sandhiya	Nutrition and Dietetics, SFR College, Sivakasi

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14.	SruthiSree S V	Nutrition and Dietetics, SFR College, Sivakasi
15.	Kamali B	Nutrition and Dietetics, SFR College, Sivakasi
16.	Muthulakshmi.S	Nutrition and Dietetics, SFR College, Sivakasi
17.	Pavithra. E	Nutrition and Dietetics, SFR College, Sivakasi
18.	Ishwariyalakshmi E	Nutrition and Dietetics, SFR College, Sivakasi
19.	G. Ragavi	Nutrition and Dietetics, SFR College, Sivakasi
20.	MounikaPriya. N	Nutrition and Dietetics, SFR College, Sivakasi