

E.M.GOPALAKRISHNA KONE YADAVA WOMEN'S COLLEGE



DEPARTMENT : PHYSICAL EDUCATION

ACTIVITY : SPORTS DAY

YEAR : 2022-2023

DEPARTMENT OF PHYSICAL EDUCATION

DATE	TIME	VENUE
17.04.2023	01:00 p.m. to 04:00 p.m.	E.M. Gopala Krishna Kone Petchiammal Memorial Indoor Stadium EMGYWC
Nature of the Activity	Celebrating Excellence and Unity: Annual Sports Day	
Title	49 th Sports day	
Convenor	Dr.(Mrs.)V.Pushpalatha Principal i/c Head & Assistant Professor of Commerce EMGYWC	
Sports Committee	Dr.A.Kalarani Director of Physical Education Mrs. D.Nancy Gnanaselvi Assistant Professor of English Dr.(Mrs.) G.Alarmelu Mangai Assistant Professor of Mathematics Mrs. P. Tamilarasi Assistant Professor of N&D Dr.(Mrs.) P. Bhuvanewari Assistant Professor of Chemistry	
Chief Guest	Mr.Pazhani M.B.A., DIG of Prisons, Madurai Range, Madurai.	

E.M.GOPALAKRISHNA KONE YADAVA WOMEN'S COLLEGE

49th ANNUAL SPORTS DAY

Objectives:

1. To celebrate the role of sports in enhancing students' mental and physical well-being.
2. To provide a platform for students to showcase their athletic talents and sportsmanship.
3. To foster a sense of unity and teamwork among students through healthy competition.
4. To highlight the importance of perseverance, integrity, and education in personal development.

Report:

E.M.G Yadava Women's College proudly celebrated its **49th Sports Day** with grandeur and enthusiasm. The event was marked by a series of inspiring activities aimed at highlighting the significance of sports in students' lives, reducing stress, and enhancing mental and physical health.

Event Highlights:

- **Opening Ceremony:** The day began with a **divine invocation**, seeking blessings for a successful event. This was followed by the ceremonial release of **balloons and pigeons**, symbolizing peace and new beginnings.
- **Chief Guest Address:** **Mr. Pazhani M.B.A., DIG of Prisons, Madurai Range**, delivered a **motivational speech**, encouraging students to maintain optimism, integrity, and perseverance. He emphasized the value of hard work and the importance of women's education. His address was a source of inspiration, urging students to be diligent and truthful in their pursuits.
- **March Past and Torch Lighting:** The event featured an impressive **March Past** by students from various departments, saluted by the Secretary, Correspondent, Principal, and management members. The lighting of the **Olympic torch** and the display of the Olympic flame were significant highlights, representing the spirit of the Games and symbolizing excellence and unity.

E.M.GOPALAKRISHNA KONE YADAVA WOMEN'S COLLEGE

- **Sports and Competitions:** The day was filled with outstanding performances in **Yoga, Karate, and Silambam**. Students from different houses (Red, Blue, Green, and Yellow) competed energetically. The **Green House** emerged victorious, winning the overall shield and championship.
- **Closing Remarks:** The day concluded with a **cheering and joyous welcome address** by the Principal, who emphasized the importance of physical and mental health in women's development. The event left students with a sense of achievement, camaraderie, and cherished memories.

Programme Outcomes:

1. Increased awareness of the benefits of sports on overall well-being and personal growth.
2. Enhanced student engagement and enthusiasm for physical activities and sports.
3. Strengthened sense of community and teamwork among students.

Motivated students to pursue excellence and balance in academics and sports.

Photographs:



Band Students Welcoming the Chief Guest with a Grand Performance

E.M.GOPALAKRISHNA KONE YADAVA WOMEN'S COLLEGE



Marching with Pride - A Spectacular Display by Sports Students



Red House on Parade - A Dazzling Display of Unity and Spirit



Yellow House - Radiant and Resilient on the March

E.M.GOPALAKRISHNA KONE YADAVA WOMEN'S COLLEGE



Green House - Marching with Excellence and Vibrant Energy



Red House - Stepping Out with Passion and Precision



Unified Brilliance - All House Students Shine in Sports, Yoga, and Silambam

E.M.GOPALAKRISHNA KONE YADAVA WOMEN'S COLLEGE



Pledge of Honor - The Inspiring Oath-Taking by Students



"Chief Guest Unveils the Games - Official Opening of the Sports Meet



Student's performance

E.M.GOPALAKRISHNA KONE YADAVA WOMEN'S COLLEGE



Student's performance related patriotic



Dynamic Display - The Spectacular Mass Drill Performance



The Inspiring Students Yoga Performance

E.M.GOPALAKRISHNA KONE YADAVA WOMEN'S COLLEGE



A remarkable pyramid formation was created by the sports students as a highlight of the day's events.



A Captivating Yoga Performance



Silambam Showcase: Students Displaying Precision and Tradition

E.M.GOPALAKRISHNA KONE YADAVA WOMEN'S COLLEGE



Energetic Vibes: Students' Thrilling Zumba Dance Performance



Cultural Events Showcased by Our Sports Students



Pom-Pom Spectacle - A Vibrant Dance Performance by Sports Students