

**DEPARTMENT: NUTRITION AND DIETETICS** 

**ACTIVITY** : DIETETIC INTERNSHIP

**YEAR** : 2022-2023

#### **DEPARTMENT NUTRITION AND DIETETICS**

DATE(S)	TIME	VENUE	MODE	
1.02.2023 to 15.02.2023, 02.02.2023 to 16.02.2023, 27.02.2023 to 13.03.2023	8.00 a.m. to 5.00 p.m.	Meenakshi Mission Hospital and Research Centre, Madurai. Lakshmana Hospital, Madurai. Aruthur Asirvatham Hospital, Madurai.	Offline	
Theme		Real-World Experience in Dietetics: Practical In	sights	
Nature of the	Activity	Training Programme		
Title		Dietetic Internship at Hospitals		
Convener		Mrs.P.Tamilarasi Head, Assistant Professor of Nutrition & Dietetics EMGYWC		
Internship Coordinator		Mrs. K.Janaki Assistant Professor of Nutrition & Dietetics EMGYWC		
Beneficiaries		Students - 42		

#### DIETETIC INTERNSHIP TRAINING AT HOSPITALS

#### **Objectives:**

- 1. To gain practical experience in clinical dietetics.
- 2. To develop skills in nutritional assessment and intervention.
- 3. To understand the role of dieticians in healthcare teams.
- 4. To enhance communication skills with patients and professionals.
- 5. To learn about hospital food service management.

#### **Activities and Responsibilities:**

- Conducted nutritional assessments and developed care plans for patients with diverse medical conditions.
- Monitored patient progress and adjusted interventions.

- Managed the nutritional needs of paediatric patients with growth disorders and metabolic conditions.
- Provided education to parents and caregivers.
- Assisted cancer patients in managing treatment-related nutritional issues.
- Collaborated with healthcare teams to develop comprehensive care plans.
- Participated in menu planning and ensured compliance with dietary guidelines.
- Monitored food safety and sanitation practices.

#### **Outcomes:**

- 1. Gained practical experience in assessing and managing nutritional needs of patients with various conditions.
- 2. Developed a deeper understanding of the importance of personalized nutrition care in improving patient outcomes.
- 3. Recognized the value of working effectively within multidisciplinary healthcare teams.
- 4. Improved ability to educate and communicate with patients, caregivers, and healthcare professionals.
- 5. Acquired knowledge in hospital food service management, including menu planning and food safety.

#### **Students Feedback:**

The internship provided invaluable practical experience, deepening my understanding of the dietician's role in patient care. The hands-on training in clinical settings allowed me to apply theoretical knowledge, develop essential skills, and gain confidence as a future dietician.

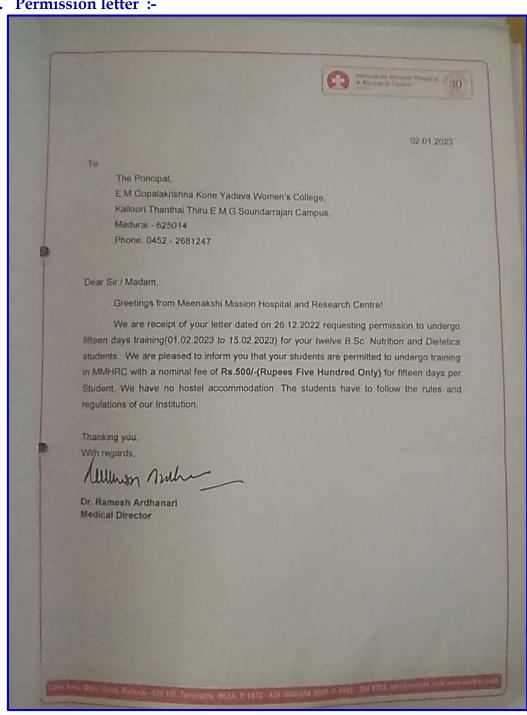
#### **Photographs:**



Department of Nutrition and Dietetics Organized Dietetic Internship for B.Sc. N & D Students at Various Hospitals in Madurai – from 01.02.2023 to 13.03.2023

#### **Enclosures:**

#### a. Permission letter :-



# ARTHUR ASIRVATHAM HOSPITAL 42-A, Kuruvikaran Salai, Anna Bus Stand, Madurai - 625 020.

(C) HOR : 2532237 4392237

Dr. EVELYN ASIRVATHAM, M.D. (Anaes) D.G.O., D.C.H., PROPRIETOR

Date .

To

The Principal E.M.Gopalakrishna kone Yadava womens college Madurai - 625014.

Dear Madam,

Received your letter today, requesting for permission for III year (Nutrition and Dietetics)students for dietetic internship for a period from 01.12.2023 to 15.12.2023

I would be extremely happy to receive and teach them about planning of Diet for various disease conditions, diet counseling of the patients and give them direct patient access and training to educate the patients in this regard.

Thanks a lot for this opportunity.

Place: Madural.

Date: 15-11-2023



## Shenbagam Hospital

Chabrase St. WCS, Reporter, NY,

Managing Director:

Medical Director

DO MAIS R Salva NEW

General Manager

He S Januar Gratte, E.E., p.

I.M.G Ymirva Women's College. Madami - 625 014.

Respected Sir.

With reference to your letter dated on 26.12.2022.

We would like to inform you that we would be happy to receive your third year B.Sc., Nutration & Dieseties students, to undergo internship training in our hospital for 15 days from 27.02.2023 to 13.03.2023

We propose to charge a training fee of Rs. I.500-per student which will be collected on the day of commencement of the training

Thinking you,

For Shenbogam Flospitals Pvt Ltd.,

(Aylange Upase



15, 16 North Cress Til Street Nova Naga: Madow - 625 - 525 On - 0622 - 425000 (b) (41500 - 0622 - 425000 - 61 - 51000 ) Emergency - 0622 - 425000 Pag. - 0622 - 425000 | Fag. - 0622 - 425000 | Cud No. - 0622 - 25000 CALL Andrew Speed on

### 1. Student participants of EMGYWC:



#### E.M.G. YADAVA WOMEN'S COLLEGE, MADURAI - 625 014.

(An Autonomous Institution – Affiliated to Madural Kamaraj University)
Re-accredited (3" Cycle) with Grade A" and CGPA 3.51 by NAAC

Dietetic Internship Training - 1.02.2023 To 15.02.2023, 2.02.2023 To 16.02.2023, 27.02.2023 To 13.03.2023

S.No.	REGISTER NUMBER	NAME	DEPARTMENT
1.	20NAD01	Abinaya.B	Nutrition & Dietetics
2	20NAD02	Aishvarya.S	Nutrition & Dietetics
3.	20NAD03	Akila Jeevana.K	Nutrition & Dietetics
4.	20NAD06	Anies Fathima.M	Nutrition & Dietetics
5.	20NAD07	Ashar Hasoora.M.F	Nutrition & Dietetics
6.	20NAD08	Asma Meeral.R	Nutrition & Dietetics
7.	20NAD09	Aswin Jemi.H	Nutrition & Dietetics
8.	20NAD10	Backiyalakshmi.G	Nutrition & Dietetics
9.	20NAD11	Dhanushya.L	Nutrition & Dietetics
10.	20NAD14	Divya.N	Nutrition & Dietetics
11.	20NAD15	Divya Jothi.M	Nutrition & Dietetics
12.	20NAD17	Hazira Nagsath.M.A	Nutrition & Dietetics
13.	20NAD18	Ishwarya.T	Nutrition & Dietetics
14.	20NAD19	Karanya.V	Nutrition & Dietetics
15.	20NAD20	Lavanya.N	Nutrition & Dietetics
16.	20NAD21	Mageshwari.K	Nutrition & Dietetics
17.	20NAD22	Manju Bharathi.S	Nutrition & Dietetics
18.	20NAD23	Mathi Meena.M	Nutrition & Dietetics
19.	20NAD24	Meenakshi.G	Nutrition & Dietetics
20.	20NAD25	Menal.A	Nutrition & Dietetics
21.	20NAD26	Mercy Helan.C	Nutrition & Dietetics
22.	20NAD27	Mukhil.K.A	Nutrition & Dietetics
23.	20NAD28	Muthu Meena.L	Nutrition & Dietetics
24.	20NAD29	Parimalam.E.L.	Nutrition & Dietetics
25.	20NAD30	Preethi.M	Nutrition & Dietetics
26.	20NAD31	Rohini.A	Nutrition & Dietetics
27.	20N AD32	Sakthi Devi.S	Nutrition & Dietetics
28.	20NAD33	Shajitha Rishana.M	Nutrition & Dietetics
29.	20NAD34	P.Shanmuga Priya	Nutrition & Dietetics
30.		Shanthini,V	Nutrition & Dietetics

31.	20NAD36	Sharmila.S	Nutrition & Dietetics
32	20NAD37	Shifana Parveen.P.M	Nutrition & Dietetics
33.	20NAD38	Siva Sakthi Priya.K	Nutrition & Dietetics
34.	20NAD39	Sowmiya.R	Nutrition & Dietetics
35.	20NAD40	Sri Dharshini.V	Nutrition & Dietetics
36.	20NAD41	Sri Rajalakshmi.R	Nutrition & Dietetics
37.	20NAD42	Suriyakala.K	Nutrition & Dietetics
38.	20NAD43	Swathi.M	Nutrition & Dietetics
39.	20NAD44	Tina Jane Sara.D	Nutrition & Dietetics
40.	20NAD45	Usharani.S	Nutrition & Dietetics
41.	20NAD46	Vidhyavarsshini.R	Nutrition & Dietetics
42.	20NAD48	Ishwarya. R	Nutrition & Dietetics

Coordinator: K. Janaki

Head of the Department

Principal ...
PRINCIPAL I/C
E.M.G. YADAVA WOMEN'S COLLEGE
MADURAI-625 914