



DEPARTMENT : NUTRITION & DIETETICS

ACTIVITY : BRIDGE COURSE

YEAR : 2022-2023

DEPARTMENT OF NUTRITION & DIETETICS

DATE(S)	TIME	VENUE	MODE
22. 08. 2022 to 26.08.2022	10:30 A.M. to 12:00 noon	I B.Sc. Nutrition & Dietetics Classroom, EMGYWC	Offline
Theme	Bridging the Gap: Exploring Foundations in Food Science and Nutrition		
Nature of the Activity	Bridge Course		
Title	Food Science and Nutrition		
Convener	Mrs.P.Tamilarasi Head, Assistant Professor of Nutrition & Dietetics EMGYWC		
Staff in Charge	Mrs.B.Ruba Rani Assistant Professor of Nutrition & Dietetics EMGYWC		
Participants	Students - 45		

BRIDGE COURSE ON FOOD SCIENCE AND NUTRITION

Objectives:

- To provide a comprehensive foundation for students who aspire to advance their knowledge and skills in this dynamic field.
- To equip learners with essential concepts and practical skills in food science and nutrition, bridging the gap for those with limited prior exposure to these disciplines.

Report:

Teachers meticulously designed and delivered the Bridge Course to cover core areas such as the fundamental principles of food science, the biochemical role of nutrients, and the impact of dietary habits on human health. The curriculum included modules on the chemical, physical, and biological properties of food, ensuring that students understood how these properties influence food quality, safety, and nutritional content.

The course also delved into the significance of balanced diets, nutrient requirements, and the correlation between nutrition and chronic diseases.

Interactive sessions and practical labs were integral components of the course, providing students with hands-on experience in food analysis, sensory evaluation, and dietary assessments, insights into current trends, innovations, and real-world applications in food science and nutrition.

Outcome:

Upon completion of the Bridge Course, students demonstrated a solid understanding of the fundamental principles of food science and nutrition. They were able to apply theoretical knowledge to practical scenarios, showcasing improved analytical and problem-solving skills. The course successfully prepared students for advanced studies and careers in food science and nutrition by providing a strong educational foundation.

Feedback: Students provided positive feedback about the Bridge Course. Many appreciated the thorough and well-structured curriculum, which covered essential topics in depth.


Photographs:




Department of Nutrition & Dietetics conducted a Bridge Course on “Food Science and Nutrition” - from 22.08.2022 to 26.8.2022

Enclosures:

a. Invitation:

	E.M.G. YADAVA WOMEN'S COLLEGE, MADURAI - 625 014. <i>(An Autonomous Institution - Affiliated to Madurai Kamaraj University)</i> Re-accredited (3 rd Cycle) with Grade 'A' & CGPA 3.51 by NAAC
DEPARTMENT OF NUTRITION AND DIETETICS	
<u>BRIDGE COURSE</u>	
DATE	:- 22.08.22 -26.08.22
CLASS CONDUCTED BY	:- MRS. B. RUBARANI ASST.PROFESSOR, DEPARTMENT OF NUTRITION & DIETETICS E.M.G. YADAVA WOMEN'S COLLEGE, MADURAI - 625 014
PARTICIPANTS	:- 1 YEAR NUTRITION & DIETETICS STUDENTS

1. Student participants of EMGYWC:

 E.M.G. YADAVA WOMEN'S COLLEGE, MADURAI – 625 014. (An Autonomous Institution – Affiliated to Madurai Kamaraj University) Re-accredited (3 rd Cycle) with Grade A ⁺ and CGPA 3.51 by NAAC			
Bridge Course on "Food Science and Nutrition" - 22.08.2022 to 26.8.2022			
S.No.	REGISTER NUMBER	NAME	DEPARTMENT
1.	22NAD01	K.Aarthi	Nutrition & Dietetics
2.	22NAD02	P.Aarthi	Nutrition & Dietetics
3.	22NAD03	C.Abirami	Nutrition & Dietetics
4.	22NAD04	S.Afreen Banu	Nutrition & Dietetics
5.	22NAD05	M.Afrin Banu	Nutrition & Dietetics
6.	22NAD06	A.Ajithakumari	Nutrition & Dietetics
7.	22NAD07	P.Anupriya	Nutrition & Dietetics
8.	22NAD08	P.Aruna	Nutrition & Dietetics
9.	22NAD09	A.Aslina Kani	Nutrition & Dietetics
10.	22NAD10	K.Asmitha	Nutrition & Dietetics
11.	22NAD11	B.Bavatharani	Nutrition & Dietetics
12.	22NAD12	R.Devadharshini	Nutrition & Dietetics
13.	22NAD13	P.Dharshini	Nutrition & Dietetics
14.	22NAD14	S.J.Divyalakshmi	Nutrition & Dietetics
15.	22NAD15	R.Gayathri	Nutrition & Dietetics
16.	22NAD16	K.Gracy	Nutrition & Dietetics
17.	22NAD17	A.Haripriya	Nutrition & Dietetics
18.	22NAD18	M.Hemapriya	Nutrition & Dietetics
19.	22NAD19	J.Ilakkiya	Nutrition & Dietetics
20.	22NAD20	R.Jeyashree	Nutrition & Dietetics
21.	22NAD21	K.Kaladevi	Nutrition & Dietetics
22.	22NAD22	P.Kanimozhi	Nutrition & Dietetics
23.	22NAD23	B.Kutty Vairapoo Saraswathi	Nutrition & Dietetics
24.	22NAD24	R.Lavanya	Nutrition & Dietetics
25.	22NAD25	S.Mahavaishali	Nutrition & Dietetics
26.	22NAD26	P.Monica	Nutrition & Dietetics
27.	22NAD27	M.Monikala	Nutrition & Dietetics
28.	22NAD28	T.Mukila	Nutrition & Dietetics
29.	22NAD29	K.Muneeshwari	Nutrition & Dietetics
30.	22NAD30	R.Muthu Irulayee	Nutrition & Dietetics

31.	22NAD31	R.Nanditha	Nutrition & Dietetics
32.	22NAD32	A.Niranjana Devi	Nutrition & Dietetics
33.	22NAD33	P.Pavithra	Nutrition & Dietetics
34.	22NAD34	T.Priya	Nutrition & Dietetics
35.	22NAD35	G.Priyadharshini	Nutrition & Dietetics
36.	22NAD36	S.Priyadharshini	Nutrition & Dietetics
37.	22NAD37	A.Sathya	Nutrition & Dietetics
38.	22NAD38	S.Shanmathi	Nutrition & Dietetics
39.	22NAD39	P.Shobika	Nutrition & Dietetics
40.	22NAD40	A.Shofiya	Nutrition & Dietetics
41.	22NAD41	D.Syedali Fathima	Nutrition & Dietetics
42.	22NAD42	V.Tamil Sudar	Nutrition & Dietetics
43.	22NAD43	R.Thahaera Thameema	Nutrition & Dietetics
44.	22NAD44	M.Vijayaraja Gayathri	Nutrition & Dietetics
45.	22NAD45	U.Yohiga	Nutrition & Dietetics

Coordinator: *B. Rubarani*

P. Vanlan
Head of the Department

[Signature]
Principal
PRINCIPAL I/C
E.M.G. YADAVA WOMEN'S COLLEGE
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