



DEPARTMENT : NUTRITION AND DIETETICS

ACTIVITY : FREE CONSULTANCY

YEAR : 2021-2022

DEPARTMENT OF NUTRITION AND DIETETICS

DATE	TIME	VENUE	MODE
06.09.2021	11:00 a.m. to 12:00 noon	PSY Matriculation Higher Secondary School, Narayanapuram, Madurai.	Online
Theme	The process of preparing food without the use of fire.		
Nature of the Activity	Free Consultancy Service		
Title	Fireless Food Preparation - For Protein Energy Malnutrition		
Name of the Convenor	Mrs.P.Tamilarasi Head & Assistant Professor of Nutrition and Dietetics EMGYWC		
Resource Person	K.Gowsalya Assistant Professor of Nutrition and Dietetics EMGYWC		
Collaborating Institution	Academic Collaboration (MoU) PSY Matriculation Higher Secondary School, Narayanapuram, Madurai.		
No. of Beneficiaries of other Institution	PSY Matriculation Higher Secondary School Students - 12		

E.M.GOPALAKRISHNAKONEYADAVA WOMEN'S COLLEGE

FIRELESS FOOD PREPARATION- FOR PROTEIN ENERGY MALNUTRITION

Objectives:

1. To create awareness about the nutritional value of food cooked without flame.
2. To give awareness regarding protein deficiency disorders among children.

Programme Outcome:

On successful completion of this programme

1. Students got awareness about the necessity and advantages of healthy eating and got encouraged to stay away from the junk food.
2. Students explored various recipes and considered it as a new skill that is less time consuming.

Photographs:



Department of Nutrition and Dietetics offered Free Consultancy Service at PSY Matriculation Higher Secondary School, Narayanapuram, entitled “Fireless Food Preparation - For Protein Energy Malnutrition” - 06.09.2021

Enclosures:

a. Permission Letter:

PERMISSION LETTER

From

Mrs.K.Gowsalya,
Assistant Professor
Department of Nutrition and Dietetics,
E.M.G Yadava Women's College,
Madurai.

To

The Principal,
E.M.G Yadava Women's College,
Madurai.

Respected Madam,

I wish to inform you that Department of N & D Planned to conduct Free consultancy activity to PSY Matriculation higher secondary school,Narayanapuram, Madurai in the topic **"Fireless Food preparation to treat Protein Energy Malnutrition –"Nutrients Rich Ground nut ball"** as a part of MOU Activity on 6.9.2021(Monday) .So I request you to grant me permission to organize the programme.

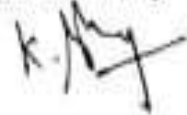
Thanking You

Place :Madurai

Date:3.09.2021



Your's faithfully



b. Invitation:



E.M.G. YADAVA WOMEN'S COLLEGE, MADURAI – 625 014.
(An Autonomous Institution – Affiliated to Madurai Kamaraj University)
Re-accredited (3rd Cycle) with Grade A* and CGPA 3.51 by NAAC

**DEPARTMENT OF NUTRITION AND DIETETICS
NATIONAL NUTRITION WEEK CELEBRATION
THEME –“Feeding Smart Right From Start”
WORKSHOP - 2021**



**COLLABORATION (MOU) ACTIVITY
WITH
PSY MATRIC HR SEC SCHOOL , MADURAI**

DATE : 06.09.2021
TIME : 11.00 A.M
TOPIC : FIRELESS FOOD PREPARATION
FOR PROTEIN ENERGY MALNUTRITION
WORKSHOP (DEMO) BY : MRS. K. GOWSALYA,
ASSISTANT PROFESSOR,
DEPT OF NUTRITION & DIETETICS,
EMG YADAVA WOMEN'S COLLEGE,
MADURAI-14
PARTICIPANTS : PSY SCHOOL STUDENTS (+2)
VENUE : PSY MATRIC HR SEC SCHOOL , MADURAI

ALL ARE CORDIALLY INVITED

E.M.GOPALAKRISHNAKONEYADAVA WOMEN'S COLLEGE

c. Nominal Roll of Participants:

Other participants:

MoU: Free Consultancy Service entitled "Fireless Food Preparation - for Protein Energy Malnutrition" - 06.09.2021			
S.No.	Name	Organization	Place
1.	M.Sahana	PSY Matric Hr. Sec. School	Madurai
2.	G. Prabha	PSY Matric Hr.Sec. School	Madurai
3.	Y. Shalini	PSY Matric Hr.Sec. School	Madurai
4.	S.Roshini	PSY Matric Hr.Sec. School	Madurai
5.	J.Kiruthika	PSY Matric Hr.Sec. School	Madurai
6.	M.Prapanchari	PSY Matric Hr.Sec. School	Madurai
7.	S. VarshaNandhana	PSY Matric Hr.Sec. School	Madurai
8.	S. Kanisha	PSY Matric Hr.Sec. School	Madurai
9.	M. Shruthi	PSY Matric Hr.Sec. School	Madurai
10.	SelvaJeyanthi	PSY Matric Hr.Sec. School	Madurai
11.	K. Rishvanth	PSY Matric Hr.Sec. School	Madurai
12.	A.Saran	PSY Matric Hr.Sec. School	Madurai