



**DEPARTMENT : NUTRITION & DIETETICS**

**ACTIVITY : INTERNSHIP**

**YEAR : 2023-2024**

## DEPARTMENT OF NUTRITION & DIETETICS

DATES	TIME	VENUE	MODE
1.12.2023 to 15.12.2023,14.12.2023 to 28.12.2023	08.00 a.m. to 05.00 p.m.	Meenakshi Mission Hospital and Research Centre, Lakshmana Hospital, Aruthur Asirvatam Hospital, Madurai	Offline
<b>Theme</b>		Real-World Experience in Dietetics: Practical Insights	
<b>Nature of the Activity</b>		Training Programme	
<b>Title</b>		Dietetic Internship at Hospitals	
<b>Convener</b>		<b>Mrs. P.Tamilarasi</b> Head, Assistant Professor of Nutrition & Dietetics EMGYWC	
<b>Internship Coordinator</b>		<b>Mrs. K.Gowsalya</b> Assistant Professor of Nutrition & Dietetics EMGYWC	
<b>Participants</b>		<b>Students - 40</b>	
<b>Internship Certificates</b>		<a href="https://www.emgywomenscollege.ac.in/dept/nutrition-dietetics/internshipprojectfield-trip/2023-2024">https://www.emgywomenscollege.ac.in/dept/nutrition-dietetics/internshipprojectfield-trip/2023-2024</a>	

### DIETETIC INTERNSHIP TRAINING AT HOSPITALS

#### Objectives:

- To provide students with practical knowledge and hands-on experience in the field of dietetics.
- To bridge the gap between theoretical learning and real-world application by immersing students in clinical settings.

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### **Programme Outcomes:**

The dietetic internship training took place across multiple hospitals, offered students valuable exposure to various aspects of dietetics practice. The significant outcomes of the programme included:

- Students gained practical insights into daily operations within hospital settings. They were involved in patient assessments, dietary planning, and the implementation of nutrition interventions under the guidance of experienced dietitians. This experience enabled them to apply theoretical concepts in real clinical scenarios.
- The internship helped students develop essential skills in nutrition assessment, meal planning, and dietary counselling. They learned to work with multidisciplinary teams and understand the role of dietitians in patient care and recovery.
- The exposure and experience gained through the internship significantly improved students' employability. Many students were able to network with professionals and explore job opportunities at local, national, and international hospitals. The training prepared them for careers as nutritionists and dieticians, enhancing their readiness for the job market.

### **Student Feedback:**

The internship was incredibly beneficial. We gained hands-on experience in real hospital settings, which greatly enhanced our practical skills and boosted our confidence in pursuing careers as nutritionists.

### **Photograph:**





**The Department of Nutrition and Dietetics Organized Dietetic Internship for B.Sc. N & D Students at Various Hospitals in Madurai - from 01.12.2023 to 28.12.2023**

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Enclosures:

a. Permission letter:

 empowering you with health <b>Lakshmana</b> MULTI SPECIALITY HOSPITALS		<ul style="list-style-type: none"><li>• 24 x 7 Emergency</li><li>• 100 Bedded Hospital</li><li>• CT Scan</li><li>• Echo, TMT, ECG</li></ul>	<ul style="list-style-type: none"><li>• 4D Ultra Sound</li><li>• 24 Hrs Automated Lab</li><li>• 300 mA Digital X-Ray (CR)</li></ul>
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25.11.2023

**To:**  
The Principal,  
E.M.Gopalakrishna kone Yadava Women's College,  
Kalloon Thanthai Thiru E.M.G.Soundharrajan Campus,  
Madurai – 625014.  
Phone: 0452 – 2681247.


**Dear Madam,**

Greetings from Lakshmana Multispeciality Hospital Madurai,  
We are Receipt of your letter on 23.11.2023 Requesting permission to undergo fifteen days training (1.12.2023 to 15.12.2023) for your Third year B.SC Nutrition and Dietetics students. We are pleased to inform you that your students are permitted to undergo training in Lakshmana Multispeciality Hospital with a nominal fee Rs.1000/-(rupees thousand only) for fifteen days per Student. We have no hostel accommodation. The students have to follow the rules and regulations of our institution.

Thanking you,  
*With regards,*

  
**B. Shanthi**  
PROPRIETOR  
LAKSHMANA MULTISPECIALITY HOSPITAL  
T.P.K. MAIN ROAD  
PYKARA, MADURAI-4.

T.P.K Road, Pykara, Madurai - 625 004.  
0452 2371369, 73730 72110, 73730 72101 Emergency Number : 85263 66666  
kshhosp@gmail.com aolakshmana@gmail.com www.lakshmanahospitals.com



**E.M. GOPALAKRISHNA KONE YADAVA WOMEN'S COLLEGE**

**ARTHUR ASIRVATHAM HOSPITAL**  
42-A, Kuruvikaran Salai, Anna Bus Stand, Madurai - 625 020.

2535266  
HOS : 2532237  
4392237

Dr. EVELYN ASIRVATHAM, M.D., (Anaes) D.G.O., D.C.H.,  
PROPRIETOR

Date :

To

The Principal  
E.M.Gopalakrishna kone Yadava womens college  
Madurai – 625014.


Dear Madam,

Received your letter today, requesting for permission for III year  
(Nutrition and Dietetics)students for dietetic internship for a period from  
01.12.2023 to 15.12.2023

I would be extremely happy to receive and teach them about planning  
of Diet for various disease conditions, diet counseling of the patients and  
give them direct patient access and training to educate the patients in this  
regard.

Thanks a lot for this opportunity.

Yours Sincerely



(Dr. A.J. Asirvatham)

Place : Madurai.

Date : 15-11-2023

**E.M. GOPALAKRISHNA KONE YADAVA WOMEN'S COLLEGE**

974  
7-12-23



To  
NDO Dept

16.11.2023

To  
The Principal,  
E.M.Gopalakrishna Kone Yadava Women's College,  
Kalloori Thanthai Thiru E.M.G.Soundarrajan Campus,  
Madurai - 625014  
Phone: 0452 - 2681247

Dear Madam,

Greetings from Meenakshi Mission Hospital and Research Centre!

We are receipt of your letter dated on 08.11.2023 requesting permission to undergo fifteen days training (13.12.2023 to 27.12.2023) for your Third Year B.Sc.Nutrition and Dietetics students. We are pleased to inform you that your students are permitted to undergo training in MMHRC with a nominal fee of **Rs.500/- (Rupees Five Hundred Only)** for fifteen days per Student. We have no hostel accommodation. The students have to follow the rules and regulations of our Institution.


Thanking you,  
With regards,

  
Dr. Ramesh Ardhanari  
Medical Director



# E.M. GOPALAKRISHNA KONE YADAVA WOMEN'S COLLEGE

## 1. Student participants of EMGYWC:

 E.M.G. YADAVA WOMEN'S COLLEGE, MADURAI – 625 014. (An Autonomous Institution – Affiliated to Madurai Kamaraj University) Re-accredited (3 <sup>rd</sup> Cycle) with Grade A <sup>+</sup> and CGPA 3.51 by NAAC			
Dietetic Internship - 1.12.2023 To 15.12.2023,14.12.2023 To 28.12.2023			
S.No.	REGISTER NUMBER	NAME	DEPARTMENT
1.	21NAD01	Aafrin.J	Nutrition & Dietetics
2.	21NAD02	Abinaya.A	Nutrition & Dietetics
3.	21NAD03	Abinaya.R	Nutrition & Dietetics
4.	21NAD04	Abirami.S	Nutrition & Dietetics
5.	21NAD05	Angeline Glency.V	Nutrition & Dietetics
6.	21NAD07	BackiyaniVetha.N	Nutrition & Dietetics
7.	21NAD08	Devadharshini.K.R	Nutrition & Dietetics
8.	21NAD09	Divya Dharshini.S	Nutrition & Dietetics
9.	21NAD10	Divya Dharshini.V	Nutrition & Dietetics
10.	21NAD12	Elavarasi.R	Nutrition & Dietetics
11.	21NAD13	Gunasri.T	Nutrition & Dietetics
12.	21NAD14	Ishwariya.T	Nutrition & Dietetics
13.	21NAD16	Kanimozhi.K	Nutrition & Dietetics
14.	21NAD17	Kanjana.U	Nutrition & Dietetics
15.	21NAD18	Kaviyadharshini.R	Nutrition & Dietetics
16.	21NAD19	Keerthana.B	Nutrition & Dietetics
17.	21NAD20	Keerthana.R	Nutrition & Dietetics
18.	21NAD21	Mari Krishna.K	Nutrition & Dietetics
19.	21NAD23	Nasima Sulthana.S	Nutrition & Dietetics
20.	21NAD24	Nivarthana.G	Nutrition & Dietetics
21.	21NAD25	Preetha Rosy .C	Nutrition & Dietetics
22.	21NAD26	Ragavi.K	Nutrition & Dietetics
23.	21NAD27	Ranjitha.A	Nutrition & Dietetics
24.	21NAD28	Regina Joicy.C	Nutrition & Dietetics
25.	21NAD29	Salai Ishwaryam.S	Nutrition & Dietetics
26.	21NAD30	Selvakiruba.B	Nutrition & Dietetics
27.	21NAD31	Shalini.K	Nutrition & Dietetics
28.	21NAD32	Shalini.S	Nutrition & Dietetics
29.	21NAD33	Sharmila.M	Nutrition & Dietetics
30.	21NAD34	Shreenithi.S	Nutrition & Dietetics
31.	21NAD35	Subha Elakkia.B	Nutrition & Dietetics
32.	21NAD36	Sumalatha.V	Nutrition & Dietetics
33.	21NAD37	Swarnasountherya.N	Nutrition & Dietetics
34.	21NAD38	Swathi.R	Nutrition & Dietetics
35.	21NAD39	Swetha.B	Nutrition & Dietetics
36.	21NAD40	Uma.A	Nutrition & Dietetics

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37.	21NAD42	Umma Saleema Beevi.J	Nutrition & Dietetics
38.	21NAD43	Vahidha Shifana.A	Nutrition & Dietetics
39.	21NAD44	Vaigameena.R	Nutrition & Dietetics
40.	21NAD45	Varshini.E	Nutrition & Dietetics

Coordinator: *M. Gowalya*

*P. Van. Lee.*  
Head of the Department

*[Signature]*  
Principal  
**PRINCIPAL I/C**  
**E.M.G. YADAVA WOMEN'S COLLEGE**  
**MADURAI-625 014**