



DEPARTMENT : NUTRITION AND DIETETICS

ACTIVITY : CONSULTANCY ACTIVITY

YEAR : 2021-2022

DEPARTMENT OF NUTRITION AND DIETETICS

DATE	TIME	VENUE	MODE
19.08.2021	11:00 a.m. to 12:00 noon	PSY Matriculation Higher Secondary School, Madurai	Offline
Theme	Awareness to overcome Obesity		
Nature of the Activity	Free Consultancy		
Title	Obesity and Women		
Name of the Convener & Organizers	Mrs.P.Tamilarasi Head & Assistant Professor of Nutrition and Dietetics EMGYWC		
Resource Person	Mrs.K.Gowsalya Assistant Professor of Nutrition & Dietetics EMGYWC		
Collaborative Institution	Academic Collaboration (MoU) PSY Matriculation Higher Secondary School		
No. of Beneficiaries	PSY Matriculation Higher Secondary School, Faculty - 10		

FREE CONSULTANCY “OBESITY AND WOMEN”

Objectives:

- To create awareness about the causes and effects of obesity in women.

Programme Outcome:

1. Teachers gained knowledge regarding Overweight, obesity, ill effects of obesity and dietary treatment especially the role of fibre-rich foods in preventing Obesity.
2. The teachers were motivated to create goals for obesity Prevention by having healthy diet and Physical activity.

Photographs:



Consultancy Activity: Mrs.K. Gowsalya, Assistant Professor of Nutrition & Dietetics has given awareness to the Faculty of PSY Matriculation School entitled "Obesity and Women" - 19.08.2021

Enclosures:

a. Permission letter:

PERMISSION LETTER

From

Mrs.K.Gowsalya,
Assistant Professor,
Department of Nutrition and Dietetics,
E.M.G Yadava Women's College,
Madurai.

To

The Principal,
E.M.G Yadava Women's College,
Madurai.

Respected Madam,

I wish to inform you that Department of N & D Planned to conduct Free consultancy activity to PSY Matriculation higher secondary school,Narayanapuram,Madurai in the topic **"OBESITY AND WOMEN"** as a part of MOU Activity on 19.08.2021 (Thursday) .So I request you to grant me permission to organize the programme.

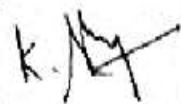
Thanking You

Place :Madurai

Date: 18.08.2021



Your's faithfully



b. Invitation:



E.M.G. YADAVA WOMEN'S COLLEGE, MADURAI - 625 014.
(An Autonomous Institution - Affiliated to Madurai Kamaraj University)
Re-accredited (3rd Cycle) with Grade A⁺ and CGPA 3.51 by NAAC

**DEPARTMENT OF NUTRITION AND DIETETICS
EXTENSION ACTIVITY - 2021**



**COLLABORATION (MOU) ACTIVITY
WITH
PSY MATRIC HR SEC SCHOOL, MADURAI**

DATE : 19.08.2021
TIME : 11.00 A.M
TOPIC : OBESITY AND WOMEN
LECTURE DELIVERED BY : MRS. K. GOWSALYA,
ASSISTANT PROFESSOR,
DEPT OF NUTRITION & DIETETICS,
EMG YADAVA WOMEN'S COLLEGE,
MADURAI-14
PARTICIPANTS : PSY SCHOOL TEACHERS
VENUE : PSY MATRIC HR SEC SCHOOL, MADURAI

ALL ARE CORDIALLY INVITED

E.M.GOPALAKRISHNAKONEYADAVA WOMEN'S COLLEGE

c. Nominal Roll of Participants:

Other participants:

Consultancy Activity entitled "Obesity and Women" - 19.08.2021		
S.No.	Name	Organization
1.	K.Kala	Faculty of PSY Matric Higher Secondary School, Madurai
2.	S.Kalaiselvi	Faculty of PSY Matric Higher Secondary School, Madurai
3.	A.Asha Devi	Faculty of PSY Matric Higher Secondary School, Madurai
4.	M.Kavitha	Faculty of PSY Matric Higher Secondary School, Madurai
5.	S.Sangeetha	Faculty of PSY Matric Higher Secondary School, Madurai
6.	C.SelvaSudha	Faculty of PSY Matric Higher Secondary School, Madurai
7.	A.Kumaravel	Faculty of PSY Matric Higher Secondary School, Madurai
8.	V.Saminba Raj	Faculty of PSY Matric Higher Secondary School, Madurai
9.	R.Saravanan	Faculty of PSY Matric Higher Secondary School, Madurai
10.	E.Sumathi	Faculty of PSY Matric Higher Secondary School, Madurai