

E.M.GOPALAKRISHNA KONE YADAVA WOMEN'S COLLEGE



CELL : COUNSELLING CELL

ACTIVITY : HEALTH & HYGIENE CAMP

YEAR : 2022-2023

COUNSELLING CELL

DATE	TIME	VENUE	MODE
15.09.2022	10:00 a.m. to 04:00 p.m.	Conference Hall, EMGYWC	Offline
Theme	Promoting Wellness among Faculty & Students		
Nature of the Activity	Health and Hygiene Camp		
Title	Skin & Hair Care Camp		
Organisers	Mrs.R.Lakshmi Assistant Professor of Information Technology EMGYWC Mrs B. Subha Assistant Professor of Physics EMGYWC		
Resource Person	Dr.M.Madhanchand M.B.B.S., M.D., D.N.B. Madhan's Derma Clinic K.Pudur, Madurai		
Collaborating Department, Cell & Clubs	Department of Nutrition & Dietetics, Counselling Cell, NSS, YRC & RRC EMGYWC		
Participants	Faculty: 60 Students: 121		

SKIN & HAIR CARE CAMP

Objectives:

- To educate participants on effective skin and hair care practices through professional advice and consultations.
- To provide personalized assessments and recommendations for addressing common skin and hair issues such as acne, dryness, and hair loss.
- To raise awareness about the impact of diet and lifestyle on skin and hair health.
- To demonstrate proper use of skincare and hair care products for optimal results.
- To promote overall wellness by encouraging participants to adopt healthy hygiene habits and preventive measures.

Programme Outcome:

- Both faculty and students received tailored assessments on their skin and hair health, allowing them to address specific concerns and implement effective care routines.
- Participants gained a deeper understanding of how diet and lifestyle choices impact skin and hair health, leading to healthier habits and improved overall wellness.
- Enhanced understanding of available professional treatments for common and severe skin and hair issues, equipping both faculty and students with options for further care if needed.
- Raised awareness about preventive strategies and early intervention techniques, and proactive approaches to skin and hair health.
- Both faculty and students learned strategies for maintaining healthy skin and hair, contributing to better personal hygiene and self-care.
- Improved personal well-being and appearance led to increased self-esteem and confidence among both faculty and students.
- Faculty members, having learned and experienced improved care practices, are better positioned to influence students positively and promote a culture of wellness within the academic environment.

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Photographs:



The Counselling Cell of EMGYWC organises "Skin and Hair Care Camp"- 15.09.2022

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Enclosures:

a. Circular:

E.M.G. YADAVA WOMEN'S COLLEGE, MADURAI – 625 014.
(An Autonomous Institution – Affiliated to Madurai Kamaraj University)
(Re-accredited (3rd Cycle) with Grade A⁺ & CGPA 3.51 by NAAC)

CIRCULAR



We are glad to inform you that the Department of Nutrition & Dietetics in co-operation with Counselling and Grievance Redressal Cell, Youth Red Cross, Red Ribbon Cross and NSS organizing a "Skin and Hair Care Camp" on 15.9.2022 at 10: 00 am. Staff members and Students from each department are asked to attend the Camp.


Principal

DEPARTMENT	HOD SIGNATURE
History	T. Mani
English	for per
Zoology	Indukumar G
Commerce	u
Mathematics	P. S. I.
B.B.A	T. S. S. S.
Computer Science	N. K. S.
Information Technology	B. S. S.
Tamil	B. Panthalal
Physics	K. S. S.
Nutrition and Dietetics	For K. S.
BCA & MCA	S. S. S.
Chemistry	Per S.

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b. Invitation:



E.M.G YADAVA WOMEN'S COLLEGE, MADURAI-14.
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Department of Nutrition & Dietetics
Counseling & Grievence Redressal Cell
YRC, RRC & NSS
Jointly Organizes

SKIN & HAIR CARE CAMP



RESOURCE PERSON

Dr. M. MADHANCHAND M.B.B.S.,
M.D.,D.N.B.,
Madhan's derma clinic,
K.Pudur & Iyer bungalow,
Madurai-14.


Date: 15.09.2022
Time: 10.00 AM
Venue: conference hall

ALL ARE CORDIALLY INVITED

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c. Nominal Roll of Participants:

1. Student participants of EMGYWC:

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Skin and Hair Care Camp - 15.09.2022			
S.No.	REGISTER NUMBER	NAME	DEPARTMENT
1.	20HIB01	G.Aaradhana	History
2.	20HIB09	N.Hema	History
3.	20HIB03	T.Ashwini	History
4.	20HIB20	N.Thahilabanu	History
5.	20HIB06	C.Gohila	History
6.	20HIB13	R.Lakshmi	History
7.	20HIA17	S.Priyadharshini	History
8.	20HIA12	G.Kaviya	History
9.	20HIA11	A.Kaviya	History
10.	20HIA03	R.Balasakthi	History
11.	20HIA31	P.Vijaya Lakshmi	History
12.	20HIA20	P.Roshini	History
13.	20HIA06	B.Gokuladharshini	History
14.	20TAM18	P.Rakshitha	Tamil
15.	20NAD30	M.Preethi	N&D
16.	20TAM07	S.Durgadevi	Tamil
17.	20TAM17	S.Megala	Tamil
18.	20TAM08	K.Janani	Tamil
19.	20TAM17	B.Tamilkodi	Tamil
20.	20TAM09	N.Prasana	Tamil
21.	20TAM11	S.Lekhasri	Tamil
22.	20TAM18	T.Kaleeswari	Tamil
23.	20NAD43	M.Suvathi	N&D

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24.	20HIB12	P.Karthika	History
25.	20HIB10	R. Kamali	History
26.	20NAD31	A. Rohini	N&D
27.	20NAD08	R. Asmameeral	N&D
28.	20NAD27	K.A. Mukhil	N&D
29.	20NAD32	S. Shakthidevi	N&D
30.	20NAD14	N. Divya	N&D
31.	20NAD29	S. Salaiishwaryam	N&D
32.	20NAD40	A.Uma	N&D
33.	20NAD07	N. BackiyaNivetha	N&D
34.	20HIB11	S. Karnika	History
35.	21PHI01	R. Abinaya	History
36.	21PHI13	S. Yogeswari	History
37.	21PHI03	S. Bharathi	History
38.	21PHI02	R. Absana	History
39.	21PHI05	S. Dhivya	History
40.	21PHI11	R. Pavithra	History
41.	21PHI10	M. Nivetha	History
42.	20HIB05	R. Gayathri	History
43.	20TAM08	C. Nithyamuthu	Tamil
44.	20TAM23	S. Ranjani	Tamil
45.	20TAM02	K. Abirami	Tamil
46.	20TAM06	S. Yogapriya	Tamil
47.	20TAM15	G. Kamali	Tamil
48.	20TAM06	T. Devisri	Tamil
49.	20TAM03	R. Dharani	Tamil
50.	20TAM07	K. Jenistha	Tamil
51.	20TAM14	S. Madhumitha	MCA

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52.	20TAM19	S. Gayathri	MCA
53.	20NAD33	M. ShajithaRishana	N&D
54.	20NAD23	M. Mathimeena	N&D
55.	20BBA57	K. Varshini	BBA
56.	20BBA30	G. Baakiyalakshmi	BBA
57.	21CSA23	M. Nithyasri	CS
58.	21CSA13	K. Karthika	CS
59.	21CSA28	T. Rubini	CS
60.	21CSA10	K. Dharshini	CS
61.	21CSA14	R. Jamuna	CS
62.	21CSA04	T. Abinaya	CS
63.	21CSA38	S. VilvaVannamalar	CS
64.	21PIT01	S. Aagansiya	IT
65.	21PIT02	R. Kaviya	IT
66.	21PIT05	D. Siva sankari	IT
67.	20MKA26	D. Rivaitha	Maths
68.	20MKA28	V. Sahana	Maths
69.	20MKA24	S. Priyadharshini	Maths
70.	20MKA10	B. Farjanu	Maths
71.	20MKA15	R. KaviyaPriya	Maths
72.	20MKA22	K. Nagasraja	Maths
73.	20CGA74	S. Thrisha Lakshmi	B.com(R)
74.	20PHY12	V. Nivetha	Physics
75.	20CGA06	V. Gayathri	Commerce
76.	20CHE32	S. SanthanaMeenakshi	Chemistry
77.	20CHE14	M. Keerthana	Chemistry
78.	20CHE09	M. Harini	Chemistry
79.	20CHE19	E. Monisha	Chemistry
80.	20CHE08	K. Gunalakshmi	Chemistry

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			Chemistry
81.	20CHE23	D. Pradeepa	Chemistry
82.	20CHE28	M. Rasiga	Chemistry
83.	20CHE22	R. Ponkamali	Chemistry
84.	20CHE35	S. Sharmili	Chemistry
85.	20CHE18	T. Mohanalakshmi	Chemistry
86.	20CHE34	I. SathyaPriya	Chemistry
87.	20CHE04	P. Dhanalakshmi	Chemistry
88.	20CHE36	S. Subarna	Chemistry
89.	20CHE12	M. Kavitha	Chemistry
90.	20CHE10	M. Harini	Chemistry
91.	20CHE31	S. Sankari	Chemistry
92.	20CHE11	G. Janabharathi	Chemistry
93.	20ENC05	A. Alagumeena	English
94.	20ENC25	M. Ramya	English
95.	20ENC02	C. Abinaya	English
96.	20ENC21	V. Pavithra	English
97.	20ENC31	M. Sneka	English
98.	20ENC13	S. Gokulsri	English
99.	20ENC30	B. Suruthi	English
100.	20CCA40	J. Sowmiya	B.Com (CA)
101.	20CCA17	S. Manimala	B.Com (CA)
102.	20CCA42	V. Subitsha	B.Com (CA)
103.	20CCA21	M. Nithyasri	B.Com (CA)
104.	20CCA03	B. Alagurani	B.Com (CA)
105.	20CCA12	D. Hema	B.Com (CA)
106.	20CCA24	P. Pathumuthu	B.Com (CA)
107.	20CCA47	T. Suvathi	B.Com (CA)
108.	20CCA06	A. Devikeerthana	B.Com (CA)
109.	20CCA34	C. Shanthini	B.Com (CA)

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110.	20CCA18	B.Manimegalai	B.Com (CA)
111.	20CCA26	P.Prema	B.Com (CA)
112.	20CCA39	T.Sowmika	B.Com (CA)
113.	20CCA14	G.Jeyashree	B.Com (CA)
114.	20CCA15	P.Keerthana	B.Com (CA)
115.	20CCA28	D.Ratchanadevi	B.Com (CA)
116.	20CCA49	N.Vijayashri	B.Com (CA)
117.	20CGA79	K.Yazhini	B.Com
118.	20CGA47	S.Rakshanabegam	B.Com
119.	20PCO03	P.Dhanushya	M.Com(CA)
120.	20CHE13	M.Kameshwari	Chemistry
121.	20CHE16	E.Manishaprabha	Chemistry

2. Faculty participants of EMGYWC:

Skin & Hair Care Camp - 15.09.2022		
S.No.	FACULTY NAME	DEPARTMENT
1.	Dr.Nambithai.V	Tamil
2.	G.Nagalakshmi	History
3.	Dr.B.kavikashree	English
4.	K.Anjana Devi	English
5.	M.Hemalatha	Physics
6.	Dr.A.Maharadevi	English
7.	P.Revathi	Physics
8.	M.Gomathi	Tamil
9.	N.T.Sumathi	Tamil
10.	K.Kanagadevi	Commerce
11.	A.Nazeema	Commerce
12.	P.Bhuvaneshawari	Chemistry

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13.	A.Kavitha	Commerce
14.	D.Reena	Commerce
15.	K.Kowshalya	N&D
16.	K.Punitha	Chemistry
17.	M.Muthupandi	History
18.	R.Haridharani	English
19.	Dr. A. Bhavani	History
20.	B. Lalithasubha	Commerce
21.	B. Subha	Physics
22.	S. Sharmila	Zoology
23.	T.Ganga	Office
24.	S. Jeyashakthi	Commerce
25.	P. Tity	Office
26.	G. Devipriya	Office
27.	M.R. Gurulakshmi	Physics
28.	S. Madhumitha	Physics
29.	N.Krishnaveni	Tamil
30.	M. SanthanaPriya	Tamil
31.	R. Aariyanatchiyar	Physics
32.	DR.A.Ramya	Chemistry
33.	M.Murugeswari	Tamil
34.	T.Soundariya	Commerce
35.	Josephine	Commerce
36.	G.Manimegalai	Commerce
37.	K.Padmavathi	Commerce
38.	M.Sharmiladevi	Commerce
39.	Jyothi	Commerce
40.	T.Sathyasheila	BBA
41.	K.Kaleeshwari	Tamil
42.	V.Gokila	Chemistry

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43.	P.Vijayalakshmi	Office
44.	Mareeswari	Tamil
45.	P.Parkavi	History
46.	G.Umarani	Office
47.	A.Aavudaiammal	IT
48.	M.Manimegalai	IT
49.	M.Chithra	Tamil
50.	S.UmaMaheshwari	Day Care Center
51.	B.Panimalar	Tamil
52.	B.Rubarani	N&D
53.	J.Amirthalakshmi	History
54.	S.Kalaivani	History
55.	T.Usharani	BBA
56.	S.Vijayalakshmi	Tamil
57.	V.C.Aathilakshmi	History
58.	S.Muthuselvi	Library
59.	R.Sudharani	Office
60.	J.Sudha	Non-Teaching Staff

P. J.
Coordinator:

[Signature]
Principal

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